

CONDUCT AND EXPECTATIONS



Conduct and Attitude

We expect our players to constantly display qualities of total professionalism. They are always to be courteous, helpful and have an "Attitude of Gratitude". These qualities apply toward coaches, players, umpires, opponents, parents, teachers and anyone else they come into contact with. Only positive and supportive conduct is expected.

Team Rules

1. **Be Prompt** – Be where you are supposed to be when you are to be there.
2. **Be Prepared** – You are expected to have all required items needed to perform the day's activities.
3. **Detentions** – If you receive a detention at school you will run poles for 1 hour at the next practice.
4. **Alcohol/ Drugs/Tobacco** – Simply put – there will be NONE. Any use of these items will be reported immediately to the Athletic Director.
5. **Individualism** – You must become and remain a total teammate. Any player who constantly reflects individual behavior will be removed from the team. Do your part to help make the TEAM a success. Access to scorebooks is completely off limits during or after games without coaches approval.
6. **No Excuses**- Players giving excuses will be asked to leave practice for the remainder of the day. During games, the player will be removed from the line-up. Habitual offenses will result in removal from team.
7. **Respect**- You will have and show respect for teammates, coaches, parents, umpires, opponents and fans on and off the field at all times.
8. **No "Transfer of Blame"**- You will own and accept ownership of you mistakes. Blame will not be push upon others. Players are to NEVER question an umpire's call. This includes verbal, emotional and physical gestures in reaction to a call or situation.
9. **Roles**- Players will actively and enthusiastically accept the role they are given on the team. To be a successful unit all the "Pieces of the Puzzle" must work seamlessly. Complaining about playing time to others will disrupt team chemistry and will not be tolerated.
10. **Weight Room** – No lifting on game days.
11. **Physical Appearance** – It is imperative to a professional organization that its members reflect a neat and maintained appearance.
 - No hair will be worn below the shoulder.
 - Facial hair must be maintained.
12. **Uniforms** – Will be clean and shirts tucked in.
 - Only "Sprit Pack" pullovers and sweatshirts are allowed.
 - Hats will only be worn in a professional manner. Never backwards or side-ways. No strait bills.
 - No jewelry.

Rules will be enforced. Everyone will be treated the same. The coaching staff may modify penalties to fit the infraction or other circumstances.

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|-----------------|---------|---|---|
| 1 st | Offense | – | Warning |
| 2 nd | Offense | – | Warning and apology to team. |
| 3 rd | Offense | – | 1-3 game/practice suspension depending on severity. |
| 4 th | Offense | – | Removal from team. |

Bench Conduct

1. Bench area will always be kept clean by everyone.
2. Any player not in the current line-up has a job.
 - Keeping scorebook
 - Charting pitches
 - Watch pitcher for showing pitches and pick-off moves
 - Watch opposing team's signs
3. Stay Active.
4. Be Enthusiastic and Positive.
5. NEVER acknowledge the opposing team, coaches or Umpires when being vocal.
6. No parent or friend interaction during games.
7. No trash or senseless talk.

Practice Attire

1. Grey Baseball Pants.
2. Team hat or black/ blue stocking hat.
3. Only "Spirit Pack" sweatshirts or pullovers.
4. Mock turtlenecks (Blue) are allowed.

Player Signature:		Date:	
Parent Signature:		Date:	